

7-on-7 Passing Tournament

Time & Place:

Saturday, July 17, 2010

Valdosta State University Practice Fields

Check In (10:00 – 11:00 am)

Rules Meeting (11:00 am)

Tournament Begins (11:30 am)

End of Tournament (6:00 pm-approx)

***Registration will not be available the day of the event.**

Tournament Format:

Teams will be placed in groups and play four games in a "Round Robin" tournament. Winners will advance to the semi-finals and then a final game will be played to determine the champion. **Each team will be guaranteed at least four (4) games.**

Team Registration:

Teams wishing to participate should have at least **seven** players. You may enter more than **one** team if you want to allow for more playing time. The tournament will close when the first 32 **paid** teams have been received.

NOTE: Helmets are required to compete in the tournament.

Games:

Each game will be 30 minutes. The clock stops on all scores and possession changes.

TD = 6 pts

5 yard line conversion = 1 pt

10 yard line conversion = 2 pts

Defense

Stop = 1 pt Interception = 3 pts

Lineman Challenge

Time & Place:

Saturday, July 17, 2010

Valdosta State University Practice Fields

Check In (10:00 – 11:00 am)

Coaches Meeting (11:00 am)

General Meeting & Welcome (11:30 am)

Competition Begins (12:00 am)

***Registration will not be available the day of the event.**

Events:

Bench Press (185 lbs for reps) – total for 5 team members

Truck Push (timed) – 5 team members, 2 attempts

Farmers Walk (timed) – Total time for 5 team members

Tire Flip (timed) – total time for 5 team members

Harness Pull – total time for 5 team members

Med Ball Toss (distance) – total distance for 5 team members

Stone Stack (timed) – total time for 5 team members

Obstacle Course – total time for 5 team members

Sled Pull (timed)- total time for 5 team members

Team Format:

Each team will be made up of at least 5 athletes. You may have up to 10 on a team, but only 5 will be allowed to compete in any single event. You may enter up to 2 teams if you wish to have more athletes compete.

Who may compete:

Athletes must play on the offensive or defensive lines - no skill position players. All athletes will respect official's decisions and calls.

VSU conforms to all pre-high school, high school and National Federation rules. Players may participate without losing any eligibility. To participate in the tournament/challenge, you must be at least 14 years old. Players who have completed the 11th grade of high school are eligible. However, anyone who has begun taking classes in his senior year of high school is not eligible for this tournament/challenge. It is up to each high school coach to monitor eligibility.

All players participating in this event **must** bring a completed Release and Waiver of Liability and Medical History form. The form is on the reverse side of this flyer. Students **will not** be allowed to participate without this release and waiver.

Contact Coach Tyler Aurandt (229) 630-4398 if you are interested in having pizzas delivered to your team's site(s) for lunch at a discounted rate.

Entry Form

Valdosta State University – 7-on-7 Passing Tournament & Lineman Challenge, Saturday, July 17, 2010

Team/School: _____ Address: _____

Contact Person: _____ Email Address: _____

Cell Phone: (____) _____ Work Phone: (____) _____ Fax Number: (____) _____

Registering for entry in (Check One):

Both 7-on-7 and Lineman Challenge
(\$350 per Team – Flat rate)

Lineman Challenge ONLY
(\$200 per team – each additional team \$75)

7-on-7 ONLY
(\$200 per team – flat rate)



Make checks or money order payable to:

Blazer Football Camp

Mail, fax or email your information to:

Tyler Aurandt or Debi Frocks

Valdosta State University Football

1500 North Patterson Street

Fax: (229) 245-2494 Phone: (229) 333-5844

Email: football@valdosta.edu



Bring the following items with you on day of event: Release and Waiver of Liability for each team member, team roster, and balance (if any) of tournament/event fees, helmets, cleats and team jerseys (white and dark if possible). Please ensure that at least one coach attends and is responsible for team supervision.